

Prayer Structure – Medicine Buddha

In general, all Tibetan prayers in our temple have these 7 parts, in this order:

1. taking refuge, generating Bodhicitta
2. visualizing the main Buddha of the prayer and the seven-branch offering
3. invitation, invocation of the deity, requesting and offering
4. chanting the mantra
5. more elaborate offerings, praise, self-visualization as the deity, and dissolution
6. requesting for blessings
7. dedication of merit and auspicious Prayers

The Medicine Buddha Prayer structure:

The Medicine Buddha prayer is a Namchoe Terma revealed by Tertön Migyur Dorje, the founder of the Namchoe cycle of teachings. Tertön Migyur Dorje received teachings from many Buddhas such as Guru Rinpoche and many dakinis when he was only 16 years old. Due to his lack of training in poetry and scholarship at that age, the Termas he revealed are short and direct.

This means that the words found in this prayer are directly spoken by the Medicine Buddha to Tertön Migyur Dorje.

Taking Refuge in the Triple Gems and Three Roots

Generating Bodhicitta

Multiply the Offerings

Generating Four Immeasurables

Visualization of the 8 Medicine Buddhas and Bodhisattvas etc

Mantra of Inviting the Buddhas; Mantra Requesting to Sit

Five Buddha Families Mantra and Bestowal of Blessing Mantra

Different Kinds of Offering

Buddha Bathing – is to cleanse our mistakes

Wiping the Buddha's Body – is to remove suffering

Offering the Garment – is to increase the glow of the body

Prostration and Praise

Short and Long Mantra of Medicine Buddha

Final Praising and Offering

Dedication

Auspicious Prayers